



Tiny Book Club Agenda: Meeting #6

Section 6: Be Seen

Materials needed:

- Books
- Pens
- Journal/notebook
- Timer



Two-hour Meeting (Sample meeting time: 6:00-8:00 pm)

6:00-6:15	<p>Welcome + introductions</p> <p>Everyone shares their name and one thing they learned about themselves since the last meeting (60 secs each)</p>
6:15-6:45	<p>Discussion of Section 5: Speak Up</p> <p>Discussion Questions:</p> <ul style="list-style-type: none">• Round-robin style: Spend three minutes each sharing your experience doing the tiny speaking adventures you chose.<ul style="list-style-type: none">○ What was it like?○ What did you learn?○ What happened as a result? <p>Club leader: Set a timer for each speaker to stay on time. This should take 30 minutes for 10 members.</p>
6:45-6:55	<p>Read out loud: Tiny Speaking Adventure #27: Role Play</p>
6:55-7:05	<p>Set a timer for 10 minutes. Have everyone pick a scenario in their life they would like to focus on. Have them grab their journal and make a list of "I" statements to describe how they're feeling and what they'd like to share in the role play.</p>



7:05-7:15	Split up into pairs. Set a timer for 10 minutes. Have one woman go first and lead the role play by sharing the "I" statements written in her journal. The woman being "confronted" should respond respectfully but offer some pushback to help the speaker get more experience sharing her feelings.
7:15-7:25	Switch so the role-playing partner gets to be the speaker. Set a timer for 10 minutes.
7:25-7:50	Discussion Discussion questions: <ul style="list-style-type: none">• Did you like doing this exercise, why or why not?• What did you learn about yourself?• What does it feel like to share your feelings in this way?• What came up that you weren't expecting?
7:50-7:55	Review the other tiny speaking adventures in Section 6 Homework: Have the members select the one or two adventures they want to do during the week
7:55-8:00	Closing <i>Remind them of the date and time of the next meeting.</i>